



Iltatähti

Evening Star



CHECK YOUR MAILING LABEL!

HAS YOUR MEMBERSHIP EXPIRED?

Your name will be removed if you are more than two years overdue.

Calendar of Events

Jan. 15:	Regular Board meeting	2:00 pm
Feb. 19:	Regular Board Meeting	2:00 pm
Mar. 16:	Joint Meeting with Finn-Am St. Urho's Day Celebration/ pot luck	12:00 noon

Finnish Heritage House

Officers:

President: Jacqueline Harjula

Vice – President: Reggie Montgomery

Clerk/Secretary: Jacqueline Laffely

Treasurer: Edna Montgomery

Newsletter Editor: Reggie Montgomery

Trustees:

Fred Webel (April 2021)

(April 2020)

Steve Gifford (April 2020)

Anne Little (April 2019)

Kirsti Fish (April 2019)

Finnish Language Class

Finnish Heritage House is pleased that Marja-Leena Bailey has agreed to teach two sessions of Finnish Language this coming Spring. The class for beginning Finnish language learners will be offered on two weekends (Sat/Sun). The first weekend will be April 6th and 7th and the second weekend will be May 4th and 5th. The class for advanced beginners/intermediate learners will be held the week of June 3rd. Further information about the classes along with registration materials will be sent out one month prior to the start of the sessions to those who have indicated an interest in the classes. If you have questions or would like to be added to the list contact Steve Gifford via email: gifford7tree@gmail.com or mail: PO Box 728, Union, Maine, 04862 or telephone: 207-273-2877.

Meanwhile, if you would like an introduction to the Finnish Language or a review prior to the class you might want to look at "A Taste of Finnish" at tasteoffinnish.fi. This program was developed by the University of Helsinki to assist newcomers to Finland.



Recipe Box

Finnish Rye Bread (Ruisleipä)

Prep Time: 10 minutes

Cook Time: 40 minutes

Total Time: 50 minutes

Yield: 1 loaf

Serving Size: 1 Slice

This Finnish Rye Bread is truly delicious fresh out of the oven. Enjoy with butter and jam!

Ingredients:

- 2 cups stone ground dark rye flour
- 1 1/4 cups all purpose flour
- 2 tablespoons baking powder
- 1 teaspoon salt
- 1 tablespoon dark molasses
- 5 tablespoons unsalted butter at room temperature
- 1 cup buttermilk (or add 1 tablespoon of fresh lemon juice to regular whole milk to make your own)
- 1 teaspoon whole fennel seeds or caraway seeds to taste (optional)
- 3 large eggs

Directions:

Preheat oven to 400 degrees.

1. Lightly grease a loaf pan with butter or Crisco.
2. In a mixing bowl, combine flours and salt.
3. Add buttermilk and eggs one at a time, softened unsalted butter, and molasses. Whisk slowly until a dough forms.
4. Add fennel seeds if using.
5. Knead for 5 minutes.
6. Put dough in loaf pan.
7. Bake for 40 minutes, or until browned on top and it starts looking like bread!
8. Cool on a wire rack.

This bread goes well with jam or honey on top.

Notes: Finnish Rye Bread (Ruisleipä) is a traditional Finnish food, commonly served as a breakfast food with coffee.

EVELYN KALLOCH



1927-2018

As a Charter member of the Finnish Heritage House and the Finnish-American society of Mid-Coastal Maine, Evelyn was very proud of her heritage. She was born in Rockland, ME, the daughter of Finnish Immigrants. Over the years, she embodied the Finnish tradition of “sisu”, a word that typifies the Finnish spirit of grit, tenacity, and determination.

She worked as a bookkeeper, ran a convenience store, and then sold real estate well into her 80’s. Her volunteer work included six years as President of the Thomaston Chamber of Commerce and forty years of service in various capacities for the town of Cushing. After her husband’s death in 1989, she continued maintaining their 28-acre property with her tractor and axes and saws. Even after downsizing, she kept her tractor!

Evelyn never forgot her Finnish heritage, traveling to Finland with her daughter Victoria, hosting her Finnish relatives in Maine, and even attempting to share the challenging and convoluted Finnish language with her family (but with little success). She took a sauna, a tradition established when she was a young girl, well into her late 80’s.

There will be a memorial service for Evelyn in June.



Kantele Ensemble Travels to Vinalhaven

Saturday, September 22, 2018

What a glorious “Maine” day the members of Suomalaiset Jouset Kantele Ensemble had experiencing “island ferry time-style of living” first hand. Our kantele designated drivers to the Rockland Ferry Terminal deserve a hearty “thanks” for getting all performers delivered on time to pick up their round trip island tickets. After a breezy, fairly rolling ride over to Vinalhaven Island, we were met by cheerful, historical society members. Our kantele group: Celia Jones, Nancy Jones, Gail Mayberry, Deborah Haviland, Jackie Laffley, Lin Gordon, Jackie Harjula, Peg Smist, Leslie Galvin, Kay Dodge, Christina Linscott, Tina Nims, John Nims, Mary Gifford and Steve Gifford were treated to an exclusive tour of Vinalhaven’s Historical Society converted church building before lunch.

We all were driven to another side of Vinalhaven to where the Pleasant River Chapel, an adorable chapel/performance/multi-purpose building, was located. The acoustics in this small chapel were marvelous as the kantele players seated themselves in a very tight horseshoe shape. That allowed over 50 audience members to see, as well as hear our “Finnish fingering” pluck out numerous melodies and harmonies throughout our 2 hour performance/workshop. As people entered the chapel they were encouraged to look over the many Finnish items and literature Celia Jones had brought over. After five “welcoming songs in G major tuning” every kantele player personally taught our listeners how to play our 11-stringed kanteles to the tunes of “Hot Cross Buns”, “Miss Mary Mack”, “Mary Had a Little Lamb”, “Twinkle, Twinkle Little Star” and Beethoven’s “Ode to Joy”. That was a lot of fun as our audience ranged in age from nine to eighty-eight. Each participant received their own instruction and historical knowledge of the Finnish kantele which led to the present day Appalachian dulcimer, hammered dulcimer and Celtic harp. Suomalaiset Jouset members interspersed sing-a-long American tunes with Finnish dance medleys and other nationalistic songs. Our island guests hated to have our performance end so we could catch the ferry back to Rockland. Both performers and audience members felt how special that day was on Vinalhaven.

Celia Jones



Suomalaiset Jouset 2018



Note: Suomalaiset Jouset is always looking for new members. If you are interested in learning to play this wonderful Finnish instrument, please contact the Finnish Heritage House for information and rehearsal times etc.



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Frank Eld: Finnish Log Construction Presentation

On Nov. 2, 2018 Frank Eld came to Jura Hall and gave a wonderful presentation of Finnish log construction. He demonstrated and explained to an audience of around 25 how to build a log building and the tools used to do it.



A Finnish axe made from a file



Scribe



Scribing a log



Fitted logs



Finnish ski boots



Showing scribe marks



Fitting logs



The Finnish broad axe

Frank's presentation was about 90 minutes long. It was a very interesting and lively event. Frank has written a book about Finnish log buildings. It was sold out before he came to Maine this time, but he is in hopes of getting some printed soon. Frank has done these presentations at Finnish events and venues all across the country, starting in Oregon in August and ending here at Jura Hall on November 2.

If you get an opportunity to see his presentation, it is great. I would suggest you go to see it. We sponsored this event free of charge. After the presentation we offered coffee and pulla.



Different types of joints, Finnish broad axe and scribes.

NOTICE

Finnish Heritage House has closed for the winter. We will be reopening on May 4, 2019.

Thank you for a great year!



Finnish Historical Marker



The Finnish Historical Marker has been completed. The outcome is beautiful and will be here for many, many years to come. It was started in June and took until November to complete.

We are pleased to announce that we have reached our goal for contributions that have been received and used to fund the construction and installation of the monument. The projected cost was accurate and it came in below estimates.



The granite slab was found in August after a long search of many granite piles and quarries. Brooks Monuments had it on their yard. Brooks Monuments also mounted the plaque.



Got the plaque made and mounted to the slab, Sept.



The hole for the foundation is dug and the form is in.



Back of stone



Being delivered to FHH



Stone is set into "green" concrete waiting to set up. Nov.2018.

We are planning an unveiling ceremony in the spring of 2019. Kiitos to all who have contributed. It is very much appreciated.



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FinnFling 2018

Sept. 15, 2018

About 40 of us had a great time at our annual FinnFling. It is a joint board meeting with Finn-Am Society of Midcoast Maine. We share a wonderful pot luck lunch and have a short business meeting. This year we had the Central Mass Accordion Club come and play for our entertainment. They were great. They sold out of their CDs. They played Schottisches, waltzes, polkas and even a rumba to which several got up and danced.



Jackie Harjula & Jim Skoglund



Mr. & Mrs. Bernie Nowak



Paula Szabo & Jolene Wilson



Ron & Kathleen Anderson



Central Mass Accordion Club

Happy 62nd Anniversary to Ron & Kathleen!

September 15, 1956 was a great day. Kathleen Libby became Mrs. Ronald Anderson. The couple have lived in wedded bliss ever since. They have been very active and giving of time, talent and money to the Finnish groups in the midcoast. They have and continue to work very hard to help keep these organizations alive. They reside in Warren, Maine.

A great couple!



Rag Rug Winner... Kirsti Fish

Kirsti Fish was the winner of this year's rag rug. It was raffled off at FinnFling, Sept. 15, 2018. "Tooty" Wilson weaves and donates one rug each year to benefit FHH. Thank you "Tooty". The rug raffle generates about \$400.00 annually.



Jackie Harjula presented the rug.



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CHARLES H. HEINO



September 6, 1931 – December 22, 2018

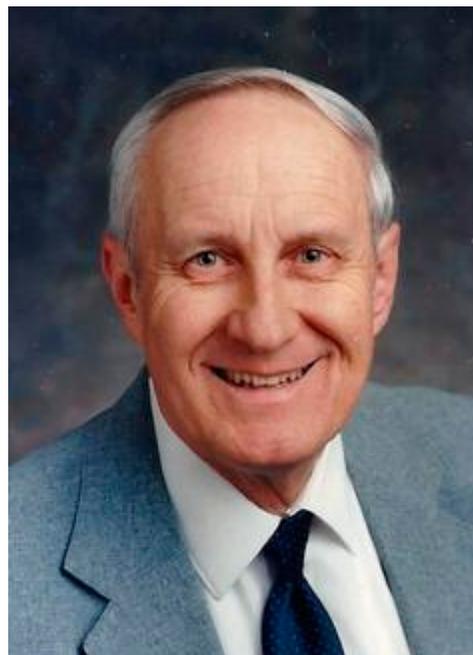
The members and friends of the local Finnish-American community, from both the Finnish Heritage House and the Finn-Am Society have lost a dear friend, Charlie Heino. As a musician, poet, speaker, humorist, author, financial supporter and all around great guy, Charlie faithfully attended our monthly meetings, and often delighted us by presenting the program. He spoke to us about saunas, about Finland during the war, sponsored a poetry contest with monetary prizes, donated copies of his book “Cobblestones to Hot Top-A Life in Maine” to be sold in our Tori, wrote articles for our newsletter, and was a major donor to the Finnish Historical Marker recently erected in front of our Church and Heritage House. This past summer he traveled to Vinalhaven, where he had served as interim Superintendent, to help the island celebrate their “Scandinavian Summer.” The topic of his presentation was “Finnish Saunas”.



Charlie was born in Rockland, ME, in 1931, to a Finnish father and Polish mother, and grew up with a strong work ethic and a strong connection to his heritage. After graduation from the University of Maine with several degrees relating to education, he taught Junior High, served as a Principal, and also as a Superintendent in many school systems. After 25 years as an educator, he worked in the Insurance Industry and then was elected to three terms in the Maine House of Representatives.

Charlie’s interests and talents were many. He was a licensed Master Maine Guide and a member of the Masons. He enjoyed woodworking, canoe building, hunting and fishing, gardening, reading, politics, and watching sports, especially his favorite team, the Red Sox. As a gifted musician and vocalist, he played the stand-up bass and the electric bass and sang with small groups and bands all over the state. Well into his 80’s, Charlie continued to play and sing at gigs with fellow musicians and lifelong friends. He was very proud of his ancestry, his Finnish ancestry in particular.

We were so proud to have had Charlie as a friend, and will certainly miss his contribution to our meetings by his presence, his smile, and his love for our Finnish culture. What a wonderful man!





Finnish Heritage House
P.O. Box 293
South Thomason. ME 04858

Please Join Us!

FINNSH HERITAGE HOUSE P.O. BOX 293 – South Thomaston, ME 04858

Name _____ Renewal ____ New ____

Address _____

State _____ Zip Code _____ Phone _____

E-mail Address _____

I'd like to receive the FHH newsletter by E-mail _____ U.S. Mail _____

I'd like to get involved in the following activity/activities or committee(s)

Exhibits _____ Fund Raisers/ Luncheons etc. _____. Building Maintenance _____ Docent _____

Newsletter _____ Grants _____ Music/Dance _____ Children's Activities _____ Library _____

Other (Please specify) _____

Annual Member (\$10) _____ 5 Year Member (\$45) _____ Gift \$ _____

Make checks payable to Finnish Heritage House and send to P.O. Box 293 South Thomaston, ME 04858

Is it time to renew your membership? Check your address label.